Best of Birding in Costa Rica Paradise!!
March-01-2019 - March-10-2019 (10 Days, 9 Nights) - 2 Adults

Please find below your custom travel itinerary for your upcoming trip to Costa Rica. This itinerary can be modified anyway you’d like to better suit your needs, interests and budget. If you would like to see more information about your hotels or tours, you will be able to find it on our website CostaRica.org. We want you to be 100% satisfied with your travel itinerary, so please let me know if there are any changes you’d like to make.

03/01/2019
PAX: 2
Met by My Costa Rica Representative - Excursion

A representative from our company will be waiting outside of the airport when you arrive with a sign with your name on it. She will provide you with a welcome package that includes all the information you need for your vacation here in tropical paradise. They will get you to your transportation and your trip in Costa Rica will begin.

03/01/2019 00:00
PAX: 2
Private Transfer from San Jose Airport to San Jose

Enjoy your transportation from Juan Santamaria International Airport to your Hotel.
### Bougainvillea - Junior suite, Jr Garden View

**Stay at the Hotel Bougainvillea**

At the Hotel Bougainvillea you will easily forget that you are just 15 minutes from downtown or the airport in San José. Set amidst the coffee farms of Santo Domingo de Heredia, the hotel has extensive gardens dominated by mature trees and brightened by tropical flowers and offers 81 deluxe rooms, a picturesque outdoor pool, tennis courts, a fitness center, an epicurean restaurant and a bar. **Breakfast included.**

### Private Transfer from San Jose to San Gerardo de Dota

**03/02/2019 00:00**

**PAX: 2**

**Private Transfer from San Jose to San Gerardo de Dota**

Sit back and enjoy the views of the lush flora and fauna as you are leaving Costa Rica's capital San José behind. Your private transfer will take you to San Gerardo de Dota in approximately 2 hours and 30 minutes.

### Trogon Lodge - Room, Standard

**03/02/2019-03/04/2019**

**PAX: 2**

**Trogon Lodge - Room, Standard**

**Stay at Trogon Lodge**

Located approximately 90 minutes from San Jose, this beautiful Cloud Forest Lodge is THE place in Costa Rica to view the beautiful Quetzal. High in the amazing Talamanca mountain range, the Trogon Lodge offers a relaxing, moderately priced refuge for those looking for some great nature hiking, birdwatching and beautiful scenery! Beautiful mountain cabins, delicious, home cooked food and a great new spa and remodeled bar complete this charming lodge. **Includes Breakfast**

### Bird Watching Tour in San Gerardo de Dota - Excursion, Regular

**03/03/2019**

**PAX: 2**

**Bird Watching Tour in San Gerardo de Dota - Excursion, Regular**

Highlighted in the classic guide, "Fifty Places to go Birding Before You Die," the valley of San Gerardo is a wonderful place to observe the more than 150 species that are found in the valley. Over 30% are endemic, such as the long tailed silky-flycatcher (Ptilogonys caudatus), fiery-throated hummingbird (Panterpe insignis), black-faced solitaire (Myadestes melanops).
and collared redstart (Myioborus torquatus). **What to Bring:** binoculars, walking shoes, poncho, and camera.

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**03/04/2019**  
PAX: 2  
**Quetzal Bird Tour - Excursion, Regular Quetzal Bird Tour**

Birdwatching is one of our main attractions... the beautiful environment of biological corridors make this attractive region a paradise, where more than 170 species of birds peacefully coexist with man. Various migratory species arrive throughout the different seasons of the year, joining the native species to add still more colorful views for birdwatchers. Among the visitors are the Orioles, Warblers, Tennesses and Raptors - while their native hosts include Long-tailed Silky-Flycatcher, Yellow-winged Vireo, the Flame-throated Warbler, Black-cheeked Warbler, Yellowish Flycatcher, Barred Becard, Tufted Flycatcher, Silvery-fronted Tapaculo, Zeledonia, Torrent Tyrannulet, Collared Trogon, Scintillant Hummingbird, Volcano Hummingbird, Fiery-throated Hummingbird, Spotted Wood-Quail, and of course the most wanted Resplendent Quetzal. In the highlands of the Paramo one can find the Volcano Junco and Timberline Wren. **Included:** Bilingual guide. **What to bring:** Hiking boots or tennis shoes, short or long pants, sweater, rain-jacket or poncho, sun block, hat or baseball cap and drinking water.

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**03/04/2019 00:00**  
PAX: 2  
**Private Transfer from San Gerardo de Dota to Dominical**

**03/04/2019-03/06/2019**  
PAX: 2  
**Hacienda Barú Lodge - Room, Superior**

- **Stay at Hacienda Barú Lodge**  
Hacienda Barú National Wildlife Refuge & Lodge is situated on Costa Rica’s Southern Pacific Coast. This is a region of distinct natural beauty where forest covered mountains rise up from the dramatic Pacific coastline. Hacienda Barú’s 330 hectares (815 acres) have a fantastic variety of Habitats, from wetlands and secondary rainforests in the lowlands to primary rainforest on the highland coastal ridge. Seven kilometers of walking trails and three kilometers of pristine beach are here to be explored as well as our orchid garden and butterfly garden. **Breakfast included.**
03/05/2019  
**Lowland Bird Watching Tour - Excursion, Regular Full Day Tour**

The Lowland Bird Watching Hike begins early when the birds are just beginning to wake up. First on the agenda is a visit to a tower located on top of a knoll. The upper deck puts you in the tree tops at eye level with the birds. This is an ideal location for spotting tanagers, honeycreepers, toucans, saltators, vireos and others. From there you will hike through secondary forest with your sharp-eyed guide until you arrive at La Casona, the old Hacienda Barú home where you will enjoy a delicious breakfast of typical Costa Rican food. From the Casona it is on to the river your chance to observe water birds. Petrels, jaegers, gulls, and others are likely to be found there, and, with a little luck, an osprey might make an appearance. From there it’s on to the rookery where, during the wet season, you will observe egrets, herons, ibis and other water birds from a blind built over the water of the mangrove estuary. The final leg of the tour includes secondary forest and the beach, your best opportunities to observe shore birds such as whimbrels, plovers, phalaropes, sandpipers and sanderlings, pelicans and frigatebirds. From the beach it is a short walk back to the Guide Center, where you began.

03/06/2019 00:00  
**Private Transfer from Dominical to Jaco**

Sit back and enjoy your private transfer from the beach town Dominical, located on the coastline Costa Ballena. You will reach Jaco in approximately 1 hour and 30 minutes.

03/06/2019-03/09/2019

**Hotel Punta Leona - Room, Selvamar (Superior) Balcon**

- **Stay at Hotel Punta Leona**

The Hotel Punta Leona is located on the Pacific Coast of Costa Rica, in the province of Puntarenas, just before getting into Jaco. Its proximity to San José makes it a very popular place to be, however it must be its private white sand beach that attracts most people. This hotel is close to the best surfing beaches of the country. Punta Leona is also hidden in the middle of one of the last transitional forest of the country, as it is in the zone just between the rainforests and the dry forests of Guanacaste. Hotel Punta Leona is a perfect blend of elegant sophistication within the natural beauty and lush vegetation, overlooking the deep blue ocean; this is amongst the best hotels of the Pacific Coast of Costa Rica. **Breakfast included.**
The Tarcoles River and its mangroves are an extraordinary birding area. This location marks the northern limit of the Pacific Rainforest and it is also here where the Tropical Dry Forest from the north stops. This important aspect of habitats converging into one spot produces an incredible biodiversity. Carara and Tárcoles then contain a wonderful sample of species proper of wet tropical pacific habitats and species that would be common in the drier areas of the northwest of Costa Rica. Over 400 species of birds have been registered in the area. The Tarcoles River offers great habitats too; the best way to explore this is by boat. The mud flats and the mangroves contain a vast number of shorebirds, seabirds, and mangrove specialties. American Crocodiles are very abundant and it is typical to find 13 feet long individuals. The mangroves are quite important and are home to Mangrove Vireo, Mangrove Cuckoo, the endemic Mangrove Hummingbird, Mangrove Warbler, Rufous-necked Wood-Rail, Panama Flycatcher, and American Pygmy-Kingfisher to just mention a few. Other good birds include Double-striped Thick-Knee, Roseate Spoonbill, Southern Lapwing, Black-necked Stilt, Boat-billed Heron, Common Black-Hawk, White Ibis, Magnificent Frigatebird, Bare-throated Tiger-Heron.

This incredible protected area measures about 4,700 Hectares and is home to approximately 48% of Costa Rica's avairy species. This Jaco tour will show you the importance of the region, as it is situated in a transitional region between the tropical dry forest and the humid pacific rainforest. This Jaco tour showcases colorful species of flora and fauna from a varied ecosystem. You will be able to spot the Scarlet Macaw, Collared Aracai and various monkey specimens. The tour operator will provide transportation that will pick you up from your lodging establishment and drive 20 minutes to Carara National Park. At the end of the tour your operator will arrange transportation to take you back to your hotel. **What to Bring:** light comfortable clothing, walking shoes, sun block, insect repellent, hat, camera and binoculars. **Tour Includes:** transportation, bilingual naturalist guide, national park entrance fee and bottled water.
Private Transfer from Jaco to San Jose

Enjoy your private transfer to Costa Rica’s capital San José as you are leaving the wide cove, in which Jaco is located behind. It will take approximately 1 hour and 45 minutes.

Bougainvillea - Junior suite, Jr Garden View

Stay at the Hotel Bougainvillea

At the Hotel Bougainvillea you will easily forget that you are just 15 minutes from downtown or the airport in San José. Set amidst the coffee farms of Santo Domingo de Heredia, the hotel has extensive gardens dominated by mature trees and brightened by tropical flowers and offers 81 deluxe rooms, a picturesque outdoor pool, tennis courts, a fitness center, an epicurean restaurant and a bar. Breakfast included.

Private Transfer from San Jose to San Jose Airport

Enjoy your transportation from your Hotel to Juan Santamaria International Airport.
Payment & Cancellation Policies
We can accept a 25% deposit to book your trip with the balance due 60 days before arrival through credit card or bank wire transfer. Deposits are non-refundable, but can be applied to a future trip in the event of a cancellation. If client cancels reservation 60 days or more prior to 1st day of travel, they will be refunded 75% of the package price (30 days = 50%, 15 days = 25%, less than 15 days = no refund). My Costa Rica will not be held responsible for those passengers arriving without the correct Passport and Visa requirements to enter Costa Rica.